

October 17, 2017

Inspiration

Who Inspires You? That was one of the questions posed to the students in grades K-3 by [K-Rob](#), the BMX professional biker who visited the Bresnahan School last week. Kevin Robinson is an X Games Gold Medalist and Guinness World Record Holder. Sponsored by the Newburyport PTO, K-Rob presented three assemblies at Bresnahan last Thursday to promote his anti-bullying message about working together, believing in yourself, and helping others. Kevin markets this message throughout the acronym of trick (Get it? Bike tricks). This [T.R.I.C.K.](#) is a great reminder for students and



teachers to continue to strive for excellence.

[T.R.I.C.K.](#) stands for:

TEAMWORK, RESPECT, INSPIRATION, CONFIDENCE, and KINDNESS.

Students were awed by K-Rob's bike tricks including the surfer, the bunny hop, 180's, and jumping over terrified teachers and principals! We loved K-Rob's message because it aligned so well with our [Clipper Values](#)- Respect, Kindness, Innovation, Perseverance, Responsibility, and Reflection. Kevin told stories of overcoming adversity when he was a child and how some students made fun of him for always practicing tricks on his bike. The students were very

engaged and attentive and inspired by his powerful message.



Here is a video of K-Rob demonstrating the concept of teamwork:



To see a video of K-Rob jumping over fearless educators click here:



Speaking of inspiration... couldn't we all use some tips for motivating children? Whether it is at school and engaging kids in their learning or at home and encouraging our children to try new things or help out more, it can be more challenging than ever with kids who have grown up in the digital age and are accustomed to instant gratification. Check out this article by Renee Bacher that was published in Parent's Magazine- [6 Ways To Motivate Your Kids](#). She touches upon leading by example, having meaningful conversations with your children, and embracing their imperfections. We thought it was an inspiring, helpful and quick read.

Inspirationally Yours,
Kristina Davis, Karina Mascia and Amy Sullivan