



Student Lunch \$2.75
 Reduced Lunch \$0.40 Milk
 purchased separately \$0.60

Bresnahan Elementary Lunch Menu June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Week 5				
		3	Early Release Day No Lunch	2
				1) Barbequed Pork Riblet on a W.G. Bun Boston Baked Beans
Week 5 Alternatives: 2) Hot Options - Chicken Nuggets w/Breadstick 3) Fun Lunch - Baked Whole Grain Pretzel, Sunbutter & Cheese				
Week 1				
5	6	7	8	9
1) WG French Toast Sticks w/pancake syrup Turkey Sausage Patties Tater Tots Warm Baked Apple Slices	1) Turkey Whole Grain Tacos Lettuce, Tomato & Cheddar Boat Mexicali Corn, Mild Salsa	1) Meatballs in Zesty Marinara Sauce Whole Grain Spaghetti Savory Green Beans Parmesan Cheese Whole Grain Breadstick	1) Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad *G.F. Pizza	1) Chicken Alfredo Rotini Roasted Broccoli Whole Grain Dinner Roll
Week 1 Alternatives: 2) Hot Option - Toasty Cheese Sandwich 3) Fun Lunch - Cereal (Cheerios or R.S. Cinnamon Toast Crunch) Yogurt, Cheese				
Week 2				
12	13	14	15	16
1) Cheeseburger on a Whole Grain Bun Tater Tots Hash Brown Patty	1) Macaroni and Cheese Whole Grain Breadstick Seasoned Broccoli	1) Sweet n' Sour Chicken Lo Mein Noodles Glazed Carrots	1) Cheese Pizza Dunkers Marinara Sauce Colorful Tossed Salad *G.F. Pizza	1) Italian Meatball Sub Cinnamon Roasted Sweet Potatoes
Week 2 Alternatives: 2) Hot Option - Chicken Patty Sandwich 3) Fun Lunch - Nachos, Chunky Salsa, Cheddar Cheese				
Week 3				
19	20	21	22	23
1) Beef Whole Grain Soft Tacos Lettuce & Tomato Boat Seasoned Corn, Mild Salsa	1) Chicken Parmesan Whole Grain Penne Seasoned Corn	Happy Summer!!!		
Week 3 Alternatives: 2) Hot Option - *Cheeseburger on a Bun 3) Fun Lunch - Bagel (2WG Mini Bagels, Yogurt and Sunbutter)				
Choose With Any Meal!				
Choose with any Meal: Broccoli Salad with Raisins Celery Sticks w/Sunbutter Assorted Fresh & Chilled Fruit	Choose with any Meal: Citrus Chickpea Salad Lettuce & Tomato Side Salad Assorted Fresh & Chilled Fruit	Choose with any Meal: Broccoli Salad with Raisins Fresh Cherry Tomatoes Assorted Fresh & Chilled Fruit	Choose with any Meal: Sliced Cucumbers Lettuce & Tomato Side Salad Assorted Fresh & Chilled Fruit	Choose with any Meal: Carrot Sticks w/Hummus Power Peas Assorted Fresh & Chilled Fruit
Weekly Alternate Meals for the Month				
4) *Turkey & Cheese Pinwheels	4) *Ham & Turkey Chef Salad Whole Grain Dinner Rolls	4) Berry Yogurt Parfait with Homemade Granola	4) Turkey Ham & Cheese Sandwich	4) *Sunbutter & Grape Jelly Sandwich

*Available as a gluten free lunch upon request. Gluten Free Turkey Chef Salad, Turkey Wrap, Sunbutter & Jelly Sandwich available daily.

QUESTIONS? Please call: 978-465-4460

Food Focus of the Month is Summer Vegetables: Even the smallest outdoor nook can feature a thriving crop of vegetables!