

NYS Parent Support Group

UPCOMING THEMES



- November 30th Morning routines....how do I get my kids to school on time?
- December 14th How do I help my children with anxiety?
- January 4th How do I help my children navigate their social world?
- January 18th How do I help my children with homework?
- February 1st How do I get my child to understand that no means no?



*Group will be facilitated by
Melinda Crossman, LICSW*

We will meet every other Wednesday from 10-11am at the NBPT Rec Center. Come share problem solving techniques, explore parenting approaches, and get and give support for the exquisitely wonderful and often impossibly hard job of parenting. Attending this group is Free!



Please RSVP Weekly to Melinda Crossman at dcross1008@aol.com

For more information: email youthservices@cityofnewburyport.com or call 978-465-4434