

What's Coming Up at Newburyport Youth Services?

Online registration is available at www.newburyportyouthservices.com or you can visit the NYS office at 40 Milk Street (the old Brown School).

Please note the deadline to register is one week prior to the program starting—after that there's a \$15 late fee.

Oct/Nov Programs

Archery Youth, Thurs, Oct 20-Nov 10, 4-4:55pm, Archers Artemis, Grades 2-12, \$85/\$95

Archery Adult and Youth, Sat, Oct 29-Nov 19, 9-9:55am, Archers Artemis, Grades 2-12 and Adults, \$85/\$95

Basketball Jr, Sat, Nov 5-Dec 10(skip Nov 26), 9-10am, Rec Center Gym, Ages 4-6 with adult, \$72/\$82

Pro Basketball, Sat, Nov 5-Dec 10(skip Nov 26), 10-11am, Rec Center Gym, Ages 7-9, \$72/\$82

Day Off @ The Rec Center, Tues, Nov 8th, 9am-3pm, Rec Center, Grades K-3, \$55/\$65

School Holiday Horsemanship Program, Fri, Nov 11th, 9am-2pm, High Tail Acres, Ages 5+, \$100/\$110

Community CPR Certification, Thurs, Nov 17th, 5-8pm, City Hall Aud, Ages 14+ and adults, FREE(Ages 14-17)/\$15(Ages 18+)

Destination Imagination, Mon, Nov-March, 3:30-5pm, Rec Center, Grades K-12, \$125/\$135

Fall Events

Touch-A-Truck

Sat, Oct 22nd, 10am-1pm

Cashman Park Parking Lot

All Ages

FREE

Come climb on, sit in and explore trucks and other vehicles at our annual event!

Parent Programs

Parent Drop-In Group

Wed, Oct 12, Nov 2, 16, 30, Dec 14, 10-11am, Rec Center, FREE

For parents of elementary age youth, share problem solving techniques, parenting approaches and get/give support for the challenging job of parenting. Facilitated by Melinda Crossman, LICSW

Feeding Your Kids with Confidence

Thurs, Nov 3rd, 6:30-7:30pm, Rec Center, FREE but please register in advance

Learn strategies to help your family handle the pressure of family meals. Addressing different ages, preferences and schedules. This workshop based on the “eating competency model” will help you define family roles when it comes to nutrition. Other topics include; planning, healthy snack options and creating a “fueling tool kit” for your active child’s schedule!